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### **Artikel Jurnal**

- Alwidyatmiko, Nandy, Puspa Rahayu Utami Rahman, and Dinda Aisha. "Ketahanan Remaja Pasca Putus Cinta: Adakah Pengaruh Dukungan Sosial Dan Religiusitas?"

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<sup>1</sup> Ari Pangistu, “80 Persen ODGJ Di Bondowoso Disebabkan Karena Putus Cinta.”

## **LAMPIRAN- LAMPIRAN**

## Lampiran 1 (Surat Pemohonan Judgment angket)



**KEMENTERIAN AGAMA  
UNIVERSITAS ISLAM NEGERI  
SULTAN MAULANA HASANUDDIN BANTEN  
FAKULTAS DAKWAH  
PROGRAM STUDI BIMBINGAN KONSELING ISLAM**  
Jl. Jend. Sudirman No. 30 Serang 42118 T 200323, 208849 Fax. 200022

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**SURAT PERMOHONAN JUDGMENT PRODUK**

No : 1962/Un.17/F.IV/07/2025  
Hal : Permohonan *Judgment* Instrumen Penelitian  
Lampiran : 3 (tiga) berkas  
Kepada Yth. Bapak/Ibu  
**Peni Ramdana, M.Pd.**

Di Tempat  
Dengan hormat,  
Ketua Program Studi Bimbingan Konseling Islam Fakultas Dakwah Universitas Islam Negeri Sultan Maulana Hasanuddin Banten menerangkan bahwa:  
Nama : **QONITA NURUL LIZA**  
NIM : 211340064

Judul Penelitian: *Hubungan Memaafkan dengan Kesehatan Mental Mahasiswa yang pernah Mengalami Putus Cinta (Studi Pada Mahasiswa Program Studi Bimbingan Konseling Islam Universitas Islam Negeri Sultan Maulana Hasanuddin Banten).*

Sehubungan dengan adanya **Tugas Penelitian Skripsi**, maka mahasiswa memerlukan ahli materi untuk memberikan *judgment* (penilaian) terhadap instrumen yang telah peneliti rancang. Karena itu, Kami mohon kesediaan Bapak/Ibu untuk bisa memberikan *judgment* (penilaian) dan saran demi mendapatkan instrumen yang layak untuk diterapkan. Demikian, atas perkenan dan partisipasi Bapak terlebih dahulu kami sampaikan terima kasih.

*Wassalamu'alaikum Wr. Wb.*

Serang, 3 Juli 2025  
Kema Program Studi Bimbingan  
Konseling Islam



*A.M F Murrrozi, S.Psi., M.A*  
NIP. 19750604 200604 1 001

## Lampiran 2 (Lembar Expert Judgment)

**LEMBAR EXPERT JUDGMENT**  
**SURAT KETERANGAN VALIDASI INSTRUMEN**

Yang bertanda tangan dibawah ini:

Nama : Peni Ramanda, M. Pd.

Setelah membaca dan mencermati instrumen penelitian yang berjudul " Hubungan Memaafkan Dengan Kesehatan Mental Mahasiswa Yang Pernah Mengalami Putus Cinta", yang dibuat oleh:

Nama : Qonita Nurul Liza  
NIM : 211340064  
Prodi : Bimbingan Konseling Islam  
Fakutas : Dakwah

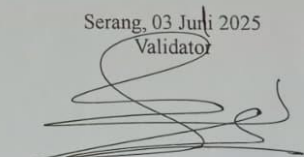
Dengan ini menyatakan instrumen lembar penelitian tersebut:

Layak digunakan untuk mengambil data tanpa revisi  
 Layak digunakan untuk mengambil data dengan revisi sesuai saran  
 Tidak layak

Catatan (bila perlu):

*Perbaik. Sebaik. Saran.*

Demikian keterangan ini dibuat untuk digunakan sebagaimana mestinya.

Serang, 03 Juli 2025  
Validator  
  
**Peni Ramanda, M. Pd.**

## Lampiran 5 (Item Pernyataan Variabel Memaafkan)

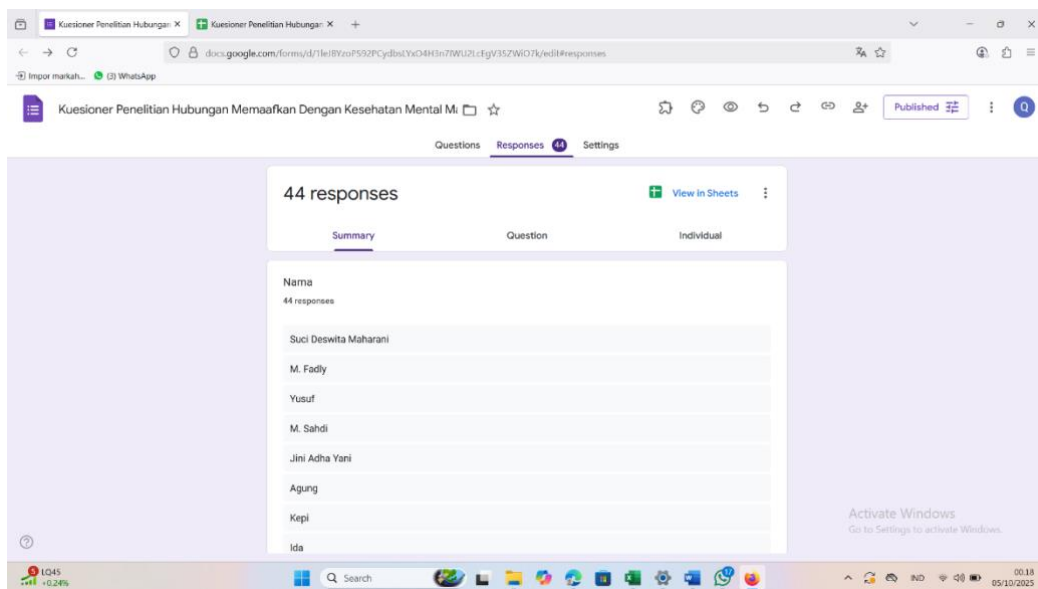
| No. | Item Pernyataan   | STS | TS | CS | S | SS |
|-----|---|-----|----|----|---|----|
| 1   | Saya memahami bahwa semua manusia dapat berbuat salah   |     |    |    |   |    |
| 2   | Saya menerima bahwa kesalahan yang pernah terjadi adalah hal yang wajar dalam sebuah hubungan |     |    |    |   |    |
| 3   | Saya tidak dapat memaklumi kesalahan yang pernah dilakukan oleh orang yang menyakiti saya     |     |    |    |   |    |
| 4   | Pengalaman putus cinta memberi pelajaran berharga untuk menjadi pribadi yang lebih kuat.      |     |    |    |   |    |
| 5   | Saya menerima bahwa pengalaman menyakitkan dapat membuat saya lebih dewasa dan bijak          |     |    |    |   |    |
| 6   | Putus cinta hanyalah pengalaman buruk yang tidak membawa nilai positif apa pun.               |     |    |    |   |    |
| 7   | tidak berlarut dalam kemarahan atau kebencian terhadap orang yang menyakiti                   |     |    |    |   |    |
| 8   | Saya mudah memaafkan terhadap orang yang menyakiti saya                                       |     |    |    |   |    |
| 9   | Saya belum bisa mengendalikan emosi ketika marah  |     |    |    |   |    |
| 10  | Saya merasa lebih damai setelah memaafkan orang yang menyakiti saya                           |     |    |    |   |    |
| 11  | Memaafkan membuat saya merasa lebih tenang dan lega.  |     |    |    |   |    |
| 12  | Saya sulit berdamai dengan orang yang menyakiti saya  |     |    |    |   |    |
| 13  | Saya tidak perlu memutuskan komunikasi sepenuhnya dengan orang yang menyakiti saya            |     |    |    |   |    |
| 14  | Saat bertemu dengan mantan pasangan, saya dapat bersikap biasa tanpa merasa perlu menghindar  |     |    |    |   |    |
| 15  | Saya menghindari tempat atau acara di mana saya bisa bertemu dengan orang yang menyakiti saya |     |    |    |   |    |
| 16  | Saya tidak pernah berpikir untuk membalas dendam pada mantan pasangan saya                    |     |    |    |   |    |
| 17  | Saya selalu berpikir positif dan tidak memiliki niat buruk kepada mantan pasangan             |     |    |    |   |    |
| 18  | Saya merasa puas jika dapat membuat mantan pasangan merasakan sakit yang pernah saya alami    |     |    |    |   |    |

## Lampiran 6 (Item Pernyataan Variabel Kesehatan Mental)

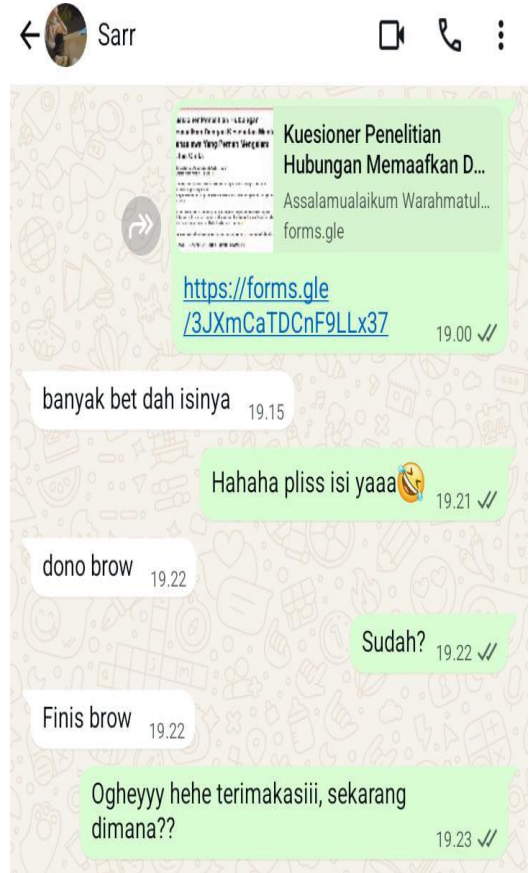
| No. | Item Pernyataan   | STS | TS | CS | S | SS |
|-----|---|-----|----|----|---|----|
| 1   | Setelah putus cinta, pola makan saya tetap teratur seperti biasa                              |     |    |    |   |    |
| 2   | Saya tidak mengalami gangguan tidur setelah putus cinta                                       |     |    |    |   |    |
| 3   | Saya sering tidak fokus melakukan aktivitas sehari-hari setelah putus cinta                   |     |    |    |   |    |
| 4   | Saya tetap semangat menjalani aktivitas sehari-hari setelah putus cinta                       |     |    |    |   |    |
| 5   | Saya tetap aktif bersosialisasi setelah putus cinta   |     |    |    |   |    |
| 6   | Saya merasa putus asa dan lebih memilih menyendiri, menghindari teman setelah putus cinta     |     |    |    |   |    |
| 7   | Saya mampu beradaptasi dengan perubahan situasi dalam hidup saya                              |     |    |    |   |    |
| 8   | Saya menganggap tantangan sebagai kesempatan untuk tumbuh dan belajar                         |     |    |    |   |    |
| 9   | Putus cinta membuat saya sulit menerima keadaan dengan pikiran positif                        |     |    |    |   |    |
| 10  | Saya dapat menyelesaikan masalah secara dewasa  |     |    |    |   |    |
| 11  | Putus cinta membuat saya belajar menyelesaikan konflik dengan komunikasi yang lebih baik      |     |    |    |   |    |
| 12  | Putus cinta membuat saya sulit berpikir jernih dalam menyelesaikan konflik                    |     |    |    |   |    |
| 13  | Setelah putus cinta, saya tetap fokus pada tujuan hidup yang ingin dicapai                    |     |    |    |   |    |
| 14  | Putus cinta membuat saya lebih semangat mengejar mimpi dan cita-cita                          |     |    |    |   |    |
| 15  | Putus cinta membuat saya ragu terhadap kemampuan yang dimiliki                                |     |    |    |   |    |
| 16  | Saya menjadikan putus cinta sebagai motivasi memperbaiki diri                                 |     |    |    |   |    |
| 17  | Saya berusaha mengembangkan kualitas pribadi agar lebih baik dari sebelumnya                  |     |    |    |   |    |
| 18  | Putus cinta membuat saya malas untuk belajar  |     |    |    |   |    |
| 19  | Pengalaman putus cinta membuat saya lebih memahami perasaan orang lain                        |     |    |    |   |    |
| 20  | Saya dapat memberikan bantuan bagi orang lain yang sedang menghadapi kesulitan dalam hubungan |     |    |    |   |    |
| 21  | Putus cinta membuat saya sering mengabaikan seseorang yang membutuhkan bantuan                |     |    |    |   |    |

|    |   |  |  |  |  |  |
|----|---|--|--|--|--|--|
| 22 | Putus cinta membuat saya lebih menghargai diri sendiri dan orang lain dengan baik |  |  |  |  |  |
| 23 | Saya tetap bersikap baik kepada orang lain  |  |  |  |  |  |
| 24 | Putus cinta membuat saya sulit berpikir positif terhadap orang lain               |  |  |  |  |  |

Lampiran 7 (Screenshot G-Form)



Lampiran 8 (Screenshot Sebar Kuesioner)



Lampiran 9 (Hasil Uji Validitas variabel memaafkan)

|       |                     | Correlations |        |        |        |        |        |        |        |        |        |        |        |         |         |        |        |        |        | TOTAL  |       |
|-------|---------------------|--------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|---------|--------|--------|--------|--------|--------|-------|
|       |                     | X1           | X2     | X3     | X4     | X5     | X6     | X7     | X8     | X9     | X10    | X11    | X12    | X13     | X14     | X15    | X16    | X17    | X18    |        |       |
| X1    | Pearson Correlation | 1            | .500** | .345*  | .717** | .544** | .262   | .636** | .591** | .441** | .709** | .617** | .185   | .698**  | .688**  | .323   | .681** | .624** | .317   | .678** |       |
|       | Sig. (2-tailed)     |              | .002   | .042   | <.001  | <.001  | .128   | <.001  | <.001  | .008   | <.001  | <.001  | .288   | <.001   | <.001   | .058   | <.001  | <.001  | .063   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     | 35    |
| X2    | Pearson Correlation | .500**       | 1      | .401*  | .752** | .612** | .345*  | .676** | .723** | .285   | .719** | .716** | .298   | .695**  | .695**  | .416   | .708** | .606*  | .389*  | .723** |       |
|       | Sig. (2-tailed)     | .002         |        | .017   | <.001  | <.001  | .042   | <.001  | <.001  | .097   | <.001  | <.001  | .082   | <.001   | <.001   | .013   | <.001  | <.001  | <.001  | .021   | <.001 |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     | 35    |
| X3    | Pearson Correlation | .345*        | .401*  | 1      | .406*  | .584** | .709** | .436** | .559** | .685** | .541** | .530** | .492** | .474**  | .474**  | .709** | .497** | .489** | .733** | .740** |       |
|       | Sig. (2-tailed)     | .042         | .017   |        | .016   | <.001  | <.001  | .008   | <.001  | <.001  | <.001  | .001   | .003   | .004    | .004    | <.001  | .002   | .003   | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X4    | Pearson Correlation | .717**       | .752** | .406*  | 1      | .780** | .398*  | .912** | .876** | .321   | .845** | .797** | .291   | .884**  | .884**  | .353*  | .857** | .810** | .378*  | .837** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .016   |        | <.001  | .018   | <.001  | <.001  | .060   | <.001  | <.001  | .090   | <.001   | <.001   | .037   | <.001  | <.001  | .025   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X5    | Pearson Correlation | .544**       | .612** | .584** | .780** | 1      | .488** | .740** | .777** | .454** | .767** | .728** | .334*  | .767**  | .767**  | .480** | .754** | .736** | .505** | .826** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | <.001  | <.001  |        | .005   | <.001  | <.001  | .006   | <.001  | <.001  | .050   | <.001   | <.001   | .004   | <.001  | <.001  | .002   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X6    | Pearson Correlation | .262         | .345*  | .709** | .398*  | .488** | 1      | .485** | .618** | .572** | .388*  | .367*  | .754** | .388*   | .388*   | .500** | .406*  | .418*  | .690** | .680** |       |
|       | Sig. (2-tailed)     | .128         | .042   | <.001  | .018   | .005   |        | .003   | <.001  | <.001  | .021   | .030   | <.001  | .021    | .021    | .002   | .015   | .012   | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X7    | Pearson Correlation | .636**       | .676** | .436** | .912** | .740** | .485** | 1      | .881** | .360   | .810** | .724** | .388*  | .810**  | .810**  | .395*  | .821** | .751** | .435** | .835** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .008   | <.001  | <.001  | .003   |        | <.001  | .034   | <.001  | <.001  | .021   | <.001   | <.001   | .019   | <.001  | <.001  | .009   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X8    | Pearson Correlation | .591**       | .723** | .559** | .876** | .777** | .618** | .881** | 1      | .403*  | .790** | .768** | .544** | .790**  | .790**  | .530** | .803** | .766** | .568** | .894** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |        | .016   | <.001  | <.001  | <.001  | <.001   | <.001   | .001   | <.001  | <.001  | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X9    | Pearson Correlation | .441**       | .285   | .685** | .321   | .454** | .572** | .360*  | .403*  | 1      | .487** | .412*  | .483** | .421*   | .421*   | .644** | .436** | .411*  | .660** | .658** |       |
|       | Sig. (2-tailed)     | .008         | .097   | <.001  | .060   | .006   | <.001  | .034   | .016   |        | .003   | .014   | .003   | .012    | .012    | <.001  | .009   | .014   | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X10   | Pearson Correlation | .709**       | .719** | .541** | .845** | .767** | .388*  | .810** | .790** | .487** | 1      | .895** | .377*  | .975**  | .975**  | .590** | .982** | .904** | .482** | .907** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | <.001  | <.001  | <.001  | .021   | <.001  | <.001  | .003   |        | <.001  | .026   | <.001   | <.001   | <.001  | <.001  | <.001  | .003   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X11   | Pearson Correlation | .617**       | .716** | .530** | .797** | .728** | .367*  | .724** | .768** | .412*  | .895** | 1      | .383*  | .895**  | .895**  | .531** | .879** | .808** | .341*  | .839** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .001   | <.001  | <.001  | .030   | <.001  | <.001  | .014   | <.001  |        | .023   | <.001   | <.001   | .001   | <.001  | <.001  | .045   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X12   | Pearson Correlation | .185         | .298   | .492** | .291   | .334*  | .754** | .388*  | .544** | .483** | .377*  | .383*  | 1      | .377*   | .377*   | .760** | .391*  | .430** | .536** | .620** |       |
|       | Sig. (2-tailed)     | .288         | .082   | .003   | .090   | .050   | <.001  | .021   | <.001  | .003   | .026   | .023   |        | .026    | .026    | <.001  | .020   | .010   | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X13   | Pearson Correlation | .688**       | .695** | .474** | .864** | .767** | .388*  | .810** | .790** | .421*  | .975** | .895** | .377*  | 1       | 1.000** | .520** | .988** | .929** | .431** | .888** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .004   | <.001  | <.001  | .021   | <.001  | <.001  | .012   | <.001  | <.001  | .026   |         | .000    | .001   | <.001  | <.001  | .010   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X14   | Pearson Correlation | .688**       | .695** | .474** | .864** | .767** | .388*  | .810** | .790** | .421*  | .975** | .895** | .377*  | 1.000** | 1       | .520** | .988** | .929** | .431** | .888** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .004   | <.001  | <.001  | .021   | <.001  | <.001  | .012   | <.001  | <.001  | .026   | .000    |         | .001   | <.001  | <.001  | .010   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X15   | Pearson Correlation | .323         | .416*  | .709** | .353*  | .480** | .500** | .385*  | .530** | .644** | .590** | .531** | .760** | .520**  | .520**  | 1      | .541** | .550** | .632** | .726** |       |
|       | Sig. (2-tailed)     | .058         | .013   | <.001  | .037   | .004   | .002   | .019   | .001   | <.001  | <.001  | <.001  | <.001  | <.001   | <.001   |        | <.001  | <.001  | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X16   | Pearson Correlation | .681**       | .708** | .497** | .857** | .754** | .406*  | .821** | .803** | .436** | .962** | .879** | .391*  | .988**  | .988**  | .541** | 1      | .918** | .449** | .895** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .002   | <.001  | <.001  | .015   | <.001  | <.001  | .009   | <.001  | <.001  | .020   | <.001   | <.001   | <.001  |        | <.001  | .007   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X17   | Pearson Correlation | .624**       | .606** | .489** | .810** | .736** | .418*  | .751** | .786** | .411*  | .904** | .808** | .430** | .929**  | .929**  | .550** | .918** | 1      | .463** | .861** |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | .003   | <.001  | <.001  | .012   | <.001  | <.001  | .014   | <.001  | <.001  | .010   | <.001   | <.001   | <.001  | <.001  |        | .005   | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| X18   | Pearson Correlation | .317         | .389*  | .733** | .378*  | .505** | .690** | .435** | .568** | .680** | .482** | .341*  | .536** | .431**  | .431**  | .632** | .449** | .463** | 1      | .699** |       |
|       | Sig. (2-tailed)     | .063         | .021   | <.001  | .025   | .002   | <.001  | .009   | <.001  | <.001  | .003   | .045   | <.001  | .010    | .010    | <.001  | .007   | .005   |        | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |
| TOTAL | Pearson Correlation | .678**       | .723** | .740** | .837** | .826** | .680** | .835** | .884** | .658** | .907** | .839** | .620** | .888**  | .888**  | .726** | .895** | .861** | .699** | 1      |       |
|       | Sig. (2-tailed)     | <.001        | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001   | <.001   | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|       | N                   | 35           | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35     | 35      | 35      | 35     | 35     | 35     | 35     | 35     |       |

\*\* Correlation is significant at the 0.01 level (2-tailed).

\* Correlation is significant at the 0.05 level (2-tailed).

Lampiran 10 (Hasil Uji Validitas variabel kesehatan mental)

|     |                     | Correlations |        |       |        |        |       |        |        |        |        |         |        |        |        |       |        |        |        |        |        |        |        |        |        | TOTAL  |       |
|-----|---------------------|--------------|--------|-------|--------|--------|-------|--------|--------|--------|--------|---------|--------|--------|--------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|
|     |                     | Y01          | Y02    | Y03   | Y04    | Y05    | Y06   | Y07    | Y08    | Y09    | Y10    | Y11     | Y12    | Y13    | Y14    | Y15   | Y16    | Y17    | Y18    | Y19    | Y20    | Y21    | Y22    | Y23    | Y24    | TOTAL  |       |
| Y01 | Pearson Correlation | 1            | .488*  | .056  | .821** | .491** | .245  | .432*  | .710** | .516** | .710** | .599**  | .420   | .640** | .816** | .280  | .649*  | .598** | .556** | .454** | .658** | .350   | .693*  | .623** | .619** | .691** |       |
|     | Sig. (2-tailed)     |              | .003   | .754  | <.001  | .004   | .162  | .004   | <.001  | .002   | <.001  | <.001   | .013   | <.001  | <.001  | .138  | <.001  | <.001  | <.001  | .006   | <.001  | .042   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34    |
| Y02 | Pearson Correlation | .488*        | 1      | .136  | .775** | .606** | .200  | .867** | .741** | .416   | .723*  | .609*   | .394   | .621** | .836** | .332  | .653*  | .609*  | .470** | .377   | .848** | .664*  | .729** | .603** | .537*  | .749** |       |
|     | Sig. (2-tailed)     | .003         |        | .436  | <.001  | <.001  | .132  | <.001  | <.001  | .013   | <.001  | <.001   | .019   | <.001  | <.001  | .051  | <.001  | <.001  | <.001  | .004   | .026   | <.001  | .005   | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y03 | Pearson Correlation | -.056        | .136   | 1     | -.008  | .089   | -.028 | .135   | .008   | .288   | .008   | .122    | .129   | .095   | .105   | .285  | .101   | .122   | .167   | .157   | -.014  | .289   | .029   | -.039  | .135   | .184   |       |
|     | Sig. (2-tailed)     | .754         | .436   |       | .964   | .809   | .874  | .439   | .963   | .120   | .963   | .487    | .461   | .588   | .548   | .097  | .562   | .487   | .337   | .368   | .938   | .092   | .868   | .822   | .441   | .269   |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y04 | Pearson Correlation | .627*        | .776*  | -.008 | 1      | .655*  | .409  | .761** | .796** | .505*  | .816*  | .578*   | .565*  | .648** | .594*  | .372* | .644*  | .578*  | .679** | .408   | .846** | .508*  | .724** | .600** | .700*  | .800** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .964  |        | <.001  | .015  | <.001  | <.001  | .002   | <.001  | <.001   | <.001  | <.001  | <.001  | .028  | <.001  | <.001  | <.001  | .015   | <.001  | .002   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y05 | Pearson Correlation | .481*        | .606*  | .089  | .655*  | 1      | .237  | .518*  | .679** | .484*  | .700** | .722*   | .426*  | .711** | .735*  | .283  | .705*  | .722*  | .455*  | .530   | .608*  | .337   | .683*  | .663*  | .482*  | .726** |       |
|     | Sig. (2-tailed)     | .004         | <.001  | .809  | <.001  |        | .171  | .001   | <.001  | <.001  | <.001  | .011    | <.001  | <.001  | .009   | <.001 | .009   | <.001  | .006   | .001   | <.001  | .048   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y06 | Pearson Correlation | -.245        | .280   | -.028 | .409*  | .237   | 1     | .214   | .207   | .170   | .207   | .186    | .373*  | .143   | .199   | .254  | .173   | .186   | .331   | .085   | -.216  | .281   | .199   | .253   | .219   | .329*  |       |
|     | Sig. (2-tailed)     | .162         | .132   | .874  | .015   | .171   |       | .217   | .234   | .329   | .234   | .283    | .027   | .414   | .253   | .140  | .321   | .283   | .052   | .626   | -.214  | .103   | .253   | .142   | .205   | .053   |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y07 | Pearson Correlation | .482*        | .667** | .135  | .761** | .518*  | .214  | 1      | .744** | .456*  | .744*  | .628*   | .486*  | .677** | .665*  | .433* | .703*  | .628*  | .550** | .448   | .655*  | .611*  | .769** | .574** | .564*  | .787** |       |
|     | Sig. (2-tailed)     | .004         | <.001  | .439  | <.001  | .001   | .217  |        | <.001  | .006   | <.001  | .003    | <.001  | .009   | <.001  | .009  | <.001  | .009   | <.001  | .007   | <.001  | .001   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y08 | Pearson Correlation | .710**       | .741** | .008  | .796** | .679** | .207  | .744** | 1      | .687** | .686*  | .838**  | .561*  | .880** | .874** | .443* | .920** | .838** | .732** | .692*  | .624*  | .593*  | .864** | .775** | .815** | .943** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .963  | <.001  | <.001  | .234  | <.001  |        | <.001  | <.001  | <.001   | <.001  | <.001  | <.001  | .008  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y09 | Pearson Correlation | .510**       | .416*  | .268  | .505** | .484*  | .170  | .456** | .687** | 1      | .687** | .789**  | .448*  | .807** | .766*  | .298  | .788** | .795** | .795** | .693*  | .581*  | .534*  | .673** | .704** | .901** | .898** |       |
|     | Sig. (2-tailed)     | .002         | .013   | .130  | .002   | .003   | .329  | .008   | <.001  |        | <.001  | <.001   | .007   | <.001  | <.001  | .082  | <.001  | .082   | <.001  | .001   | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001 |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y10 | Pearson Correlation | .710**       | .727** | .008  | .816** | .700** | .207  | .744** | .968** | .697** | 1      | .838**  | .599** | .895** | .864** | .443* | .939** | .838** | .720** | .692*  | .699** | .949** | .849** | .775** | .815** | .943** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .963  | <.001  | <.001  | .234  | <.001  | <.001  | <.001  |        | <.001   | <.001  | <.001  | <.001  | <.001 | .008   | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y11 | Pearson Correlation | .420*        | .394*  | .139  | .585** | .426*  | .312* | .486** | .591** | .448*  | .599** | .480**  | 1      | .535** | .468*  | .245* | .512*  | .480** | .544** | .395*  | .590** | .383*  | .516** | .425*  | .535** | .635** |       |
|     | Sig. (2-tailed)     | .013         | .019   | .461  | <.001  | .011   | .027  | .003   | <.001  | .007   | <.001  | .004    |        | <.001  | .005   | .042  | .002   | .004   | <.001  | .019   | .002   | .023   | .002   | .010   | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y12 | Pearson Correlation | .840**       | .821** | .285  | .848** | .711** | .143  | .877** | .896** | .807** | .886** | .989**  | .533** | 1      | .945** | .289  | .939** | .968** | .814** | .835** | .861** | .817** | .813** | .865** | .773** | .931** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .588  | <.001  | <.001  | .414  | <.001  | <.001  | <.001  | <.001  | <.001   | <.001  |        | <.001  | .002  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y13 | Pearson Correlation | .818**       | .836** | .105  | .894** | .735** | .199  | .865** | .874** | .765** | .860** | .910**  | .468*  | .840** | 1      | .346* | .919** | .910** | .819** | .809** | .806** | .424*  | .921** | .838** | .885** | .917** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .548  | <.001  | <.001  | .253  | <.001  | <.001  | <.001  | <.001  | .005    | <.001  | <.001  |        | .042  | <.001  | <.001  | <.001  | <.001  | <.001  | .011   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y14 | Pearson Correlation | .260         | .332   | .285  | .372*  | .263   | .254  | .433*  | .443** | .298   | .443*  | .292    | .345*  | .289   | .346*  | 1     | .334   | .292   | .516** | .201   | .371*  | .265   | .385** | .134   | .366*  | .472** |       |
|     | Sig. (2-tailed)     | .138         | .051   | .067  | .028   | .099   | .140  | .009   | .008   | .082   | .008   | .089    | .042   | .082   | .042   |       | .050   | .089   | .002   | .247   | .028   | .031   | .022   | .441   | .031   | .004   |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y15 | Pearson Correlation | .649*        | .653*  | .101  | .844** | .705** | .173  | .793** | .820** | .788** | .905** | .844**  | .512*  | .859** | .979** | .334* | 1      | .844** | .880** | .810** | .842** | .892** | .954** | .835** | .751** | .843** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .582  | <.001  | <.001  | .321  | <.001  | <.001  | <.001  | <.001  | <.001   | <.001  | <.001  | .050   | <.001 |        | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y16 | Pearson Correlation | .598**       | .609** | .122  | .578** | .722** | .186  | .628** | .838** | .785** | .838** | 1.000** | .480*  | .869** | .970** | .292  | .844** | 1      | .548** | .838** | .771** | .816** | .885** | .861** | .899** | .894** |       |
|     | Sig. (2-tailed)     | <.001        | <.001  | .487  | <.001  | <.001  | .283  | <.001  | <.001  | <.001  | <.001  | .000    | .004   | <.001  | <.001  | .089  | <.001  |        | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y17 | Pearson Correlation | .556**       | .476*  | .167  | .679** | .455*  | .331  | .650** | .732** | .735** | .720** | .546**  | .544*  | .810** | .619*  | .518* | .680** | .546** | 1      | .445** | .651** | .557** | .673** | .511** | .821** | .777** |       |
|     | Sig. (2-tailed)     | <.001        | .004   | .337  | <.001  | .006   | .052  | <.001  | <.001  | <.001  | <.001  | <.001   | <.001  | .002   | <.001  | .002  | <.001  | <.001  |        | .007   | <.001  | <.001  | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34      | 34     | 34     | 34     | 34    | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     | 34     |       |
| Y18 | Pearson Correlation | .464*        | .377*  | .157  | .498*  | .530** | .085  | .448*  | .692** | .693** | .692** | .898**  | .395*  | .835** | .809** | .201  | .810** | .838** | .445** | 1      | .589** | .331*  | .752** | .715** | .605** | .710** |       |
|     | Sig. (2-tailed)     | .006         | .028   | .368  | .015   | .001   | .828  | .007   | <.001  | <.001  | <.001  | <.001   | .019   | <.001  | <.001  | .247  | <.001  | <.001  | .007   |        | <.001  | .052   | <.001  | <.001  | <.001  | <.001  |       |
|     | N                   | 34           | 34     | 34    |        |        |       |        |        |        |        |         |        |        |        |       |        |        |        |        |        |        |        |        |        |        |       |

## Lampiran 11 (Hasil Uji Reliabilitas Dan Uji Deskriptif)

**Reliability Statistics**

| Cronbach's Alpha | Cronbach's Alpha Based on Standardized Items | N of Items |
|------------------|--|------------|
| ,959             | ,965   | 18         |

**Reliability Statistics**

| Cronbach's Alpha | Cronbach's Alpha Based on Standardized Items | N of Items |
|------------------|--|------------|
| ,969             | ,970   | 24         |

**Descriptive Statistics**

|                    | N<br>Statistic | Range<br>Statistic | Minimum<br>Statistic | Maximum<br>Statistic | Mean<br>Statistic | Std. Error | Std. Deviation<br>Statistic | Variance<br>Statistic |
|--------------------|----------------|--------------------|----------------------|----------------------|-------------------|------------|-----------------------------|-----------------------|
| X                  | 44             | 61,00              | 22,00                | 83,00                | 62,6136           | 2,59232    | 17,19548                    | 295,684               |
| Y                  | 44             | 63,00              | 38,00                | 101,00               | 81,2273           | 1,89716    | 12,58435                    | 158,366               |
| Valid N (listwise) | 44             |                    |                      |                      |                   |            |                             |                       |