

# CHAPTER I

## INTRODUCTION

### **A. Background of the Study**

The disease caused by a virus called Coronavirus is currently attacking various countries/regions worldwide. Covid-19 was first discovered in Wuhan, China. This virus outbreak has spread directly to several countries in the world. Many people have been exposed to Covid-19, causing many victims in various countries. Covid-19 is a pandemic disease that has affected 215 countries around the world. Based on the World Health Organization (WHO) data, 12,750,275 cases have been confirmed worldwide, and 566,355 died. This disease affects the human respiratory system.

The Covid-19 virus spreads so fast that it causes various problems in the health sector and the economic, social, and educational fields. Therefore, it is necessary to break the chain of transmission of the Covid-19 virus in Indonesia. One of the government's efforts is to maintain physical distance.

Physical distancing can be interpreted as proscribing physical contact, that is, a sequence of non-pharmaceutical infection management actions to prevent or gradually down the spread of infectious diseases. The number one reason for this restriction policy is to lessen the opportunity of bodily contact between infected humans and different those who aren't infected to minimize the prevalence of disease transmission, viruses, morbidity, and other detrimental consequences which can result in dying.<sup>1</sup> WHO recommends physical distancing and disease prevention is done by limiting public activities in companies and schools and setting hours, and this is done to prevent the spread of Covid-19. Thus there is a physical distancing policy, and the government implements work from home; this policy is an effort made to complete all work from home, one of which is by studying at home.

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<sup>1</sup> Juni Ahyar Arief Kresna, "Pengaruh Physical Distancing Dan Social Distancing Terhadap Kesehatan Dalam Pendekatan Linguistik", *Jurnal Syntax Transformation*, Vol 1, No. 4 (2020), 16.

The Indonesian Ministry of Education has also issued a letter from the Minister of Education and Culture Number 36962/MPK.A/HK/2020 concerning Online Learning and Working from Home to Prevent the Spread of Covid-19 as an effort to prevent the spread of Covid-19. The learning system has changed from face-to-face to online. The implementation of online learning is carried out to reach students from various regions.

Based on the round issued through the government in the course of the Covid-19 pandemic, it changed all teaching and learning activities with online learning techniques. Practicum activities, seminars, visitor lectures, and scholar extracurricular activities had been rescheduled and adjusted to the development conditions of Covid-19. Universities anticipate Covid-19 by way of implementing online learning. It may perform the usage of technology in online distance learning by using internet network facilities. usage of technology to make it easier for students and teachers to behave lectures, even though in a distinct location.

Online learning is distance learning. The distance learning system is a system that has existed since the mid-18<sup>th</sup> century. In distance learning, always use technology to implement learning,

ranging from the most straightforward technique to the latest. Online learning is learning that is done through the internet.

Online learning defined as a learning strategy carried out in a network or distance education that is structured using an electronic system to assist in the learning process.<sup>2</sup> Online learning in the Education system is undoubtedly used all over the world in the field of Education. They must create online learning with challenging activities to connect new information and acquire knowledge using metacognitive abilities.

The condition of online learning, designed due to the COVID-19 pandemic, is new, requiring adjustments for students and lecturers. Online learning has a bad impact on the mental health of students. Mental health is a person's psychological state characterized by the ability to manage emotions and thoughts. Mental health disorders experienced by students are unable to manage emotions.

Emotions are mental states in physiological conditions caused by neurophysiological changes. These changes are related to

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<sup>2</sup> Tuan Nguyen, "The Effectiveness of Online Learning: Beyond No Significant Difference and Future Horizons", *Journal of Online Learning and Teaching*, Vol. 11, No. 2 (2015), 309.

various thoughts, feelings, behavioral responses, and levels of excitement or discomfort. Emotional states directly affect student learning outcomes. The main emotional factors influencing online learning are self-confidence, motivation, frustration, stress, and anxiety.

State Islamic University Sultan Maulana Hasanuddin is one university that organizes online learning. In this study, researchers conducted research at the Department of English Education, Sultan Maulana Hasanuddin State Islamic University, Banten, because the researchers wanted to prove how the influence of online learning on the emotional level of students, which aims to determine the level of emotion in online learning.

Based on the interviews with students at the Department of English Education, Sultan Maulana Hasanuddin State Islamic University, Banten, researchers found various online learning problems causing students to lack concentration in learning and feel sad unable to understand the material given by the lecturer. In addition, students experience changes in the spirit of learning in the implementation of online learning so that students feel lazy to participate in online learning. Students most often feel emotion in

the academic field because academic pressure increases with exams, assignments, and many activities that students must do. So many students feel stressed because of the many tasks, and students feel anxious when the work has not been completed on time.

Based on the background of the problem, the researcher is interested in conducting a research entitled "The Effect of Online Learning on the Emotional Level of Students in the Department of English Education."

## **B. Statements of the Problem**

Based on the background of the study, researcher the research question as follows:

1. How is the implementation of online learning in English Education Department at UIN Sultan Maulana Hasanuddin Banten?
2. How is the effect of online learning on students' emotions of the English Education Department at UIN Sultan Maulana Hasanuddin Banten?

3. How is the emotional level of students towards online learning in the English Education Department at UIN Sultan Maulana Hasanuddin Banten?

### **C. Objectives of the Study**

Referring to the formulation of the problem that the author has put forward above, the writer can describe the research objectives as follows:

1. This study aims to determine the implementation of online learning at the English Education Department of UIN Sultan Maulana Hasanuddin Banten.
2. This study aims to determine the emotional impact of online learning on students majoring in English Education Department at UIN Sultan Maulana Hasanuddin Banten.
3. This study aims to determine the level of emotions that arise due to online learning to students of the English Education Department at UIN Sultan Maulana Hasanuddin Banten.

## **D. Significant of the Study**

In conducting this research, the writer hopes that it can provide both theoretical and practical benefits. The benefits of this research are:

### 1. Theoretical Benefits

This study aims to help increase understanding and knowledge in the world of education, especially regarding the impact of online learning on the emotional level of students.

### 2. Practical Benefits

#### a. For lecturer

For teachers or instructors, it will at least increase knowledge and get a clear picture of the good and correct online learning process, the efforts and guidance that it can give to help schools minimize the adverse effects of online learning on the emotional level of students.

#### b. For Researchers

With the research that the author is doing, it is hoped to provide additional knowledge in the world of education.



c. For Readers

The research conducted by the author is hoped that provide information about the importance of managing emotions in online learning practices.

**E. Limitation of Study**

Form the identification of the problems above, and the author will limit the problem as follow:

1. The author focuses on the emotional level of students in online learning.
2. The subject of this research is 5th-semester.
3. This research will use quantitative research.
4. Research use classification emotion are sadness, fear, panic, anxiety, and happiness.

**F. Previous Studies**

Several previous studies related to the effect of online learning on an emotional level in English subjects. In this section, the author takes several earlier studies as references to review this research:

First, the journal is owned by Rimba Hamid, Izlan Sentryo, and Sakka Hasan with the title Online Learning and the Problems During the Covid-19 Emergency made in 2020. The research they conducted has three objectives:

1. Finding out the implementation of online learning during the Covid-19.
2. Finding out the effectiveness of online learning during the covid-19 period.
3. Finding out student perceptions about online education conducted by PGSD FKIP lecturers at UHO during the Covid-19 period.

This study uses descriptive research through surveying PGSD FKIP UHO students spread across all districts/cities in Southeast Sulawesi and various regions. The statistical series technique uses open and closed questionnaires, with research subjects as many as 316 students of class 2017, 2018, and 2019. Based on research conducted by Rimba Hamid, Izlan Sentryo, and Sakka Hasan, it can conclude that the implementation of online learning is still not optimal because there are still lecturers who the most effective way to use a help center consisting of email, WhatsApp, or via SMS

according to the level of information technology capabilities. In implementing learning, lecturers should use Zoom Cloud Meeting, Google Meet, Google Classroom, or provide Edmodo. The purpose of the effectiveness of online learning during the Covid-19 pandemic is that most students experience that they may not be fluent in accessing the internet, and students understand that the implementation of digital learning during the Covid-19 period has not gone well. This thesis has similarities and differences with what the researchers examined. The similarity is that they both research online learning. while the difference is that the journals owned by Rimba Hamid, Izlan Sentryo, and Sakka Hasan focus on discussing the implementation of online learning during Covid-19, the effectiveness of online learning, and student perceptions of online education conducted by PGSD FKIP lecturers at UHO during the Covid-19 period, which is different from researchers which focuses on discussing the emotional level of online learning students

Second, Khairul Azwar and Mailindawati's research entitled *The Impact of Esports Games on Adolescents' Emotional Level and Learning Achievement in Lhokseumawe City, Aceh Province*

2020. This study aims to determine the impact of esports games on adolescents' emotional level and learning achievement in Lhokseumawe City, Aceh Province 2020. The research design is a quantitative research method with a correlational research design. The subject of this study collected 150 teenagers who are members of the gaming community for teenagers at SMPN 2, SMAN I, and SMKN 2 Lhokseumawe City. The sampling technique used was the quota sampling technique. From the results of the study, it found that the impact of e-sport games on the emotional level of adolescents showed that of the 56 respondents who played e-sports with high intensity, most of them had a high emotional level, as much as 70.7% of the 24 respondents with the dominant low impact of e-sports games experienced by an intense emotional level, namely 66.7%, therefore it can say that e-sports games affect the emotional level of the game, which also has an impact on the achievement of teenagers who have experienced a decline. This thesis has similarities and differences with what the researchers examined. The similarity is that they both look at the level of emotion. While the difference is that Azwar and Mailindawati's research discusses the influence of esports games on adolescents'

emotional levels and learning achievement, in contrast to researchers who focus on discussing the emotional level of students towards online learning and the influence of online learning on emotional levels.

Third, this research was conducted in 2012 by Insook Lee, a research trend on emotional factors in the context of e-learning. This study aims to consider the increasing role and impact of emotional factors in the context of e-learning. Researchers are currently conducting comprehensive research to achieve goals in e-learning and suggest the effect on emotionally sensitive e-learning of achieving these goals. The most common problems are the study of emotions experienced in learning, the impact of emotions and emotional strategies on learning processes and outcomes, and the main factors or design models that support positive emotions. However, the research approach is mainly concerned with the student, teacher, and dynamic interactions between students and teachers. Given the value of positive emotional experiences in reducing communication ambiguity and enhancing learning experiences, more factors influence emotional experiences and emotionally sensitive e-learning design strategies. This thesis has

similarities and differences with what the researcher studied. The similarity is that they both discuss online learning. While the difference is that the research conducted by Insook Lee examines the impact of emotional factors in the context of e-learning in contrast to researchers who focus on discussing the emotional level of students on online learning and the influence of online learning on emotional levels.

Fourth, a study titled 'Psychological Impact of Students on Online Learning During the COVID19 Pandemic'. This study was written by Andi Wahyu Irawan, Dwison, Mardi Lestari. This study was first published on May 27, 2020. This study aims to determine the psychological impact of students on online learning during the COVID19 pandemic. Based on the research results, this can conclude that the introduction of online learning makes students feel bored with online learning. Students experience emotional distress that is characterized by mood swings. Students experience various challenges and emotional stress from online learning, limiting physical interaction so that social interaction is not linguistic and nonverbal communication is not used correctly. In a learning environment, students complain about stressful situations

while studying. Lack of social support causes students to experience emotional anxiety and reduce emotional stress. Some students try to communicate with their teachers to bear assignments that may be too difficult. This thesis has similarities and differences with what the researcher studied. The similarity is that they both discuss online learning. While the difference is that the research conducted by Andi Wahyu Irawan, Dwison, and Mardi Lestari discussed the psychological impact of students on online learning during the COVID19 pandemic, in contrast to researchers who focused on discussing students' emotional levels towards online learning and the influence of online learning on emotional levels.

Fifth, the Nurohmat-owned journal titled *The Effect of Online Learning On Students English Learning Achievement* has one goal: to determine the impact of online learning on student achievement. This study uses a quantitative research method using numerical data and emphasizes the research process of measuring objective outcomes using analytical statistics. The data collection process was carried out by observing and interviewing the principal and homeroom teacher. English language teachers at a

vocational school in West Jakarta also analyzed English scores. The results of this study were that students learn English After learning a higher online learning achievement than learning English students face-to-face, even though the increase is not too significant. This thesis has similarities and differences with what the researcher studied. The similarity is that they both discuss online learning. Meanwhile, the difference is that Nurohmat's journal discusses the impact of online learning on student achievement in contrast to researchers who focus on discussing the emotional level of students towards online learning and the influence of online learning on emotional levels.

## **G. Organization of Writing**

Systematically, it will illuminate five chapters of this paper.

Chapter I Introduction chapter. This chapter discusses the introduction, which explains the following cases; background of the study, statement of the problem, objective of the study, the significance of the study, limitation of the study, previous study, and organization of writing.



Chapter II Theoretical Foundation. This chapter discusses the theoretical framework of reference theory as a basis for thinking and research.

Chapter III Method of The Research. This chapter discusses how to conduct research which includes; research method, place and time of research, population and sample, data collection, and data analysis technique.

Chapter IV Discussion. This chapter explains the description of data and data analysis.

Chapter V Closing. This chapter discusses the conclusion and suggestions.