

The Relation Between Aggressive Behavior and Self Esteem in Character Development

Muhammad Mujtaba Mitra Zuana¹, Ummu Umayyah², Dwi Bhakti Indri M³, Lu'lu'il Maknuun⁴, Moch Sya'roni Hasan⁵, Andika Aprilianto⁶, Ainur Rofiq⁷, Nadri Taja⁸, Dina Indriana⁹, Anis Fauzi¹⁰

Abstract--- *Aggressive behavior is an act or behavior that is intended to harm others. Teens who have high aggressive behavior can not choose which behavior is appropriate and can not control how that will be done. Esteem (self-esteem) high will be able to provide a positive assessment of the existence itself and can protect itself from the negative influences that come from within or from outside himself. It can make teens appreciate her good-value for themselves and their environment. Esteem(self-esteem) is low allowing more to violent or aggressive behavior is often called. The purpose of this study to (1) determines the level of self-esteem (self-esteem) to students, (2) determine the level of aggressive behavior of students, and (3) determine the relationship of self-esteem (self-esteem) and aggressive behavior of students. This research is a quantitative research that is descriptive and correlational. The subjects that the research sample is class IX as many as 121 students. The sampling technique used is Simple Random Sampling. The instrument used was a questionnaire, using calling Likert models. Correlational analysis using correlation product-moment technique. The main research findings are a significant relationship with the negative direction r (count = -0.514 and r table = 0.179 at the level signification 0.05, $r >$ count -0.514 r Table 0.179. It can be concluded that the results of correlation product-moment indicate that there is a significant relationship trending negative between self-esteem (self-esteem) and aggressive behavior Nine-grade students of SMP Negeri 02 Kediri, meaning that the higher the self-esteem (Self Esteem) owned by the students, the lower the aggressive behavior do.*

Keywords--- *Aggressive Behavior, Self Esteem, Likert models, Character Development*

¹ Muhammad Mujtaba Mitra Zuana, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

² Ummu Umayyah, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

³ Dwi Bhakti Indri M, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

⁴ Lu'lu'il Maknuun, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

⁵ Moch Sya'roni Hasan, Sekolah Tinggi Ilmu Tarbiyah Al-Urwatul Wutsqo Jombang, Indonesia

⁶ Andika Aprilianto, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

⁷ Ainur Rofiq, Institut Pesantren KH. Abdul Chalim Mojokerto, Indonesia

⁸ Nadri Taja, Universitas Islam Bandung, Indonesia

⁹ Dina Indriana, Universitas Islam Negeri Sultan Maulana Hasanuddin Banten, Indonesia

¹⁰ Anis Fauzi, Universitas Islam Negeri Sultan Maulana Hasanuddin Banten, Indonesia

I. INTRODUCTION

Adolescence is a period of transition from childhood to adulthood[1]–[4]. In teenagers action commonly known as student brawls/bulk is already too often seen, even tend to be considered normal. This is very alarming, violent acts often do teens the aggressive behavior of the individual or group. This aggressive behavior should then be considered, especially for the elderly so that teens can grow to be a better person by the norms prevailing in society, and if aggression in adolescents is not treated immediately it will lead to a criminal case that will be detrimental to teens and surrounding communities. The phenomenon that recently occurred, ie a lot going on and heard from various media about problems of aggressive behavior tendency is increasingly widespread, especially here is the problem of adolescent aggressive tendencies[5]–[7]. Aggressive here in question are instrumental aggressive, aggressive verbal, aggressive psychic, aggressive emotional, and conceptual aggressive[8]–[10]. Based on observations and interviews in SMP Negeri 02 Kediri no form of aggressive behavior emerging phenomenon, namely the fight between students that caused someone to compare himself with groups or others are preferred. Attitudes are ignorant is often done by students because of their habit are too active, each forming gangs that want to master, influenced by his friends, and also due to feel the greatest, to be the center of attention, and misunderstanding conversations offensive students resulting trigger quarrels and fights among students.

Myres [11]–[15] states that the action is aggressive physical or verbal conduct deliberate with the intent to hurt or harm others. explained that aggressive behavior as the behavior of physical violence or verbal against other individuals or objects[16]–[19]. Strickland suggests that aggressive behavior is any action that is intended to injure, cause suffering, and for the damaging others[20].

According to Koeswara [21], Aggressive behavior is caused by several factors, social factors, environmental factors, situational factors, hormonal factors, alcohol, drugs (the factor that comes from outside the individual), and personality traits (factors that come from within the individual). Teens who have high aggressive behavior can not control his negative behavior such as frequent disputes between friends, fighting between teenagers, irritability, frustration, etc. Also, factors suspected to affect the behavior of aggression are self-esteem (self-esteem). Lack of self-respecting individuals is often revealed in the way of communicating that is less effective both in expressing an idea, an idea or opinion, inferior and easily discouraged in the study, and reflected also with learning disabilities. According to Coopersmith [22]–[25], four elements determine the level of self-esteem, the strength (power), virtue (virtue), significance (significance), competence (competence). Strength (power) indicates the ability of individuals to be able to regulate and control their behavior. Virtue is (virtue)characterized by obedience to the moral, ethical, and religious. Significance (significance) indicates recognition, care, and attention so that acceptance of the individual by others. Competence (competence) showed a high performance to meet the needs of achievement.

In the world of education, self-esteem is a very valuable capital base. Rewarding yourself is very important to succeed in school education. Self-esteem is realized by students with good behavior that impact on achievement. Based on this thinking then presumably researchers interested in researching with the title "The relationship between self-esteem with aggressive behavior Nine grade students of SMPN 02 Kediri".

II. DATA COLLECTION

Researchers used a descriptive study was to describe self-esteem (self-esteem) and aggressive behavior of students, while the correlation study is used to determine the relationship between self-esteem (self-esteem) and aggressive behavior of students. Sampling Method using technique simple random sampling and in the study subjects used several 121 students. According to the data to be obtained in the study, such as the relationship between self-esteem (self-esteem) and aggressive behavior of students of SMP Negeri 2 Kediri, the instrument used was a questionnaire. The stages are

carried out in the preparation of instruments is as follows: 1) Construct instrument, 2) Develop framework questions or statements 3) Re-order questions or statements, 4) Arrange tool format, 5) The test instrument

III. DATA ANALYSIS

Results

1. Analysis descriptions esteem (self-esteem) class IX SMP Negeri 02 Kediri.

Based on the analysis of questionnaires esteem (self-esteem) shows that students who have self-esteem (self-esteem) include the power (power), virtue (virtue), significance (significance) and competence (competence) with the classification was very high at 24%, students who have self-esteem (self-esteem) high at 75.20%, the students who have self-esteem (self-esteem) lower by 0.82% and the students who have self-esteem (self-esteem) is very low at 0.00%. It can be concluded that the students of SMP Negeri 2 Kediri have self-esteem (self-esteem) with high criteria.

2. Analysis description aggressive behavior Nine grade students of SMP Negeri 2 Kediri

Based on the analysis of questionnaires aggressive behavior indicates that students who tend aggressive behaviors include aggressive instrumental, aggressive verbal, aggressive physical, aggressive emotional, and aggressive conceptual classification was very high at 0%, students who have a high tendency to aggressive behavior by 10.74%, the students who tend towards aggressive behavior was lower by 82.65%. And students who tend towards aggressive behavior is very low at 6.61%.

Results Correlation analysis

1. Test Normality

The normality test results variable self-esteem (self-esteem) shows that the probability value (Sig Asymp) or the price is $0.251 p > 0.05$ so it is stated that the data-esteem (self-esteem) are normally distributed. While the variable normality test results showed that the aggressive behavior probability value (Sig Asympg) or the price is $0.160 p > 0.05$ so it was stated that the data are normally distributed aggressive behavior.

2. Linearity test

results linearity test on the variable self-esteem (self-esteem) with aggressive behavior obtained F value of 48 132 with $p = 0.000$ and due to the value of $p < 0.05$ ($0.000 < 0.05$), then there is a relationship between the variables of self-esteem (self-esteem) with aggressive behavior is linear, it can be concluded that between the variables of self-esteem (self-esteem) and aggressive behavior there is a linear relationship.

3. Correlation analysis Product Moment

results of the analysis of correlation coefficient variable self-esteem (self-esteem) and aggressive behavior of students $r_{XY} = 0.514$ r table is greater than 0.179 and significant (p) was 0.000 with a significance level of 5%. Thus because of the probability value < 0.05 which is 0.000 and r arithmetic (-0.514) $> r$ table (0.179), then H_0 refused and H_1 accepted.

Discussion

1. Self-Esteem (Self Esteem) class VIII SMP Negeri 2 Kediri

Teens who have self-esteem (self-esteem) high will be able to choose which behaviors are appropriate, that is what he should do and what should be avoided. They can control their behavior and sure of his decision, himself would later affect us in the act. While individuals with poor self-esteem have low respect for themselves[26]–[29].

Coopersmith [25] explains four elements that determine the level of self-esteem (self-esteem) is the power (power), policy (virtue), significance(significance), and competence(competence).Strength(power)showed their ability to control the behavior of themselves and their recognition from others. Virtue(virtue)shows the power of the individual to the moral norms, ethics, and religion. Significance(significance)indicates acceptance, care, and attention received

individual and others. Competence(competence)indicates the ability of individuals to achieve. In his life, the more people it has four elements in which case arises from feelings and individual assessments that to himself. The higher the level of self-esteem (self-esteem) of the individual. Conversely, the individual does not have the four elements in his life, then the individual is classified as having self-esteem (self-esteem) is low. In this study, especially the Nine grade students of SMP Negeri 2 Kediri have self-esteem (self-esteem) high, this is because students can pass judgment on him, especially regarding her ability to positively or negatively expressed by acting, belief, as well as the extent to which considers himself capable, meaning, success, valuable, competent and useful.

2. Aggressive behavior Nine grade students of SMP Negeri 2 Kediri

From the research data showed that there is a class VIII student of SMPN 2 Kediri have a tendency of aggressive behavior are very high by 0 students (0%), students who tend towards aggressive behavior higher by 13 students (10, 74%), students who have a lower tendency to aggressive behavior as many as 100 students (82.65%). And students who have a very low tendency to aggressive behavior as much as 8 students (6.61%). This shows that students in class VIII SMP Negeri 2 Kediri most had levels of low aggressive behavior. Because of the 121 respondents are 100 students who are at low criteria.

3. Relationship Between Self-Esteem (Self Esteem)and aggressive behavior Grade Students of SMP Negeri 2 Kediri

analysis showed that the known correlation coefficient variable self-esteem (self-esteem) and aggressive behavior of students $r_{XY} = 0.514$ greater than $r_{table} 0.179$ and significant (p) was 0.000 with a significance level of 5%. Thus because of the probability value <0.05 which is 0.000 and $r_{arithmetic} (-0.514) > r_{table} (0.179)$, then H_0 refused and H_1 accepted.

The negative sign on the correlation value (-0.514) indicates the direction a negative relationship means that the higher the value of the variable X, then followed by a low variable Y. In this case, the higher the level of self-esteem (self-esteem), the aggressive behavior will be lower, so there the relationship between self-esteem (self-esteem) and aggressive behavior Nine grade students of SMP Negeri 2 Kediri. This is demonstrated by testing the hypothesis that the receipt of H_0 or alternative hypothesis in this study.

For teenagers who have self-esteem (self-esteem) high, they tend to be able to protect themselves from negative influences that come from inside him and outside him. In connection with the rise of aggressive behavior committed by the majority of today's youth, it can be concluded that teens with self-esteem (self-esteem) high made possible more could try to avoid to not engage in activities that are aggression, especially aggression made directly to the object of aggression.

It proves that a positive self-assessment also affects the reduction of negative behavior such as aggressive behavior. This is by the opinion of Tambunan[30]–[33] which states how a judge about her, will affect their behavior in their daily lives. Teens who have self-esteem (self-esteem) high can be said teenagers who have a very positive assessment of his existence. The teenager will be able to appreciate him as a teen-value of both himself and his environment.

Teens who have self-esteem (self-esteem) high can choose which behavior is appropriate, that is where he should do and what should be avoided. This is by the opinion of Fitch[34], that high self-esteem is associated with a tendency to attribute the failure on external causes rather than internal, and can show a good performance after a failure or success. Conversely, teens who have ratings and negative self-esteem tend to perform behaviors that are not contemplated indifferent and subsequent impact. Such behavior is often seen in a negative nature such as behavior detrimental to the public interest or others. If this behavior is allowed to continue it is not likely to develop into the behavior of that nature can damage the object, be it a human or non-human object. This kind of behavior is called aggressive behavior.

Based on the above opinion, it is following the results of the study Cohen [35], [36] found that people who have self-esteem (self-esteem) high tend to be more confident in life compared to those who have self-esteem (self-esteem) is low.

Besides the impact of the lack of self-respect is not likely to develop into a situation where the individual was experiencing anger and frustration. Anger and frustration in some cases frequent disputes among his own. This kind of behavior if it continues to happen to an individual will develop into aggressive behavior. This is following the opinion of Baumeister and Boden [37] say that the threat to self-esteem (self-esteem) triggers aggression by stimulating negative effects, namely anger.

VI. STUDY RESULTS, SUMMARY AND CONTRIBUTION

Based on the results of the discussion about the relationship of self-esteem (self-esteem) and aggressive behavior Nine grade students of SMP Negeri 2 Kediri, some conclusions as follows:

1. It can be concluded that the majority of Nine grade students have self-esteem (self-esteem) in the high criteria as much as 91 students (75.20%).
2. It can be concluded that the majority of Nine graders have aggressive behavior with low criteria that as many as 100 students (82.65%).
3. A significant relationship with the negative direction r (count = -0.514 and r table = 0.179 at significance level of 0.05, $r >$ count -0.514 r Table 0.179). From the results of the test correlation statistics product-moment indicate that there is a significant relationship between self-esteem negatively trending (self-esteem) and aggressive behavior Nine grade students of SMP Negeri 2 Kediri.

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