

CHAPTER V

CONCLUSIONS AND SUGGESTIONS

This chapter presents the conclusions and suggestion. These conclusions of the study are built up based on the data analysis. This chapter deals with what is discussed in the previous chapter.

A. Conclusions

Based on the results of the analysis in the previous chapter, the researcher concluded that:

1. The result showed that most of the students admitted that they were getting anxious in speaking English without preparation.
2. The result of this research show that most of the students are at “Mildly Anxious” level without “Very Anxious” and “Very Relaxed” student. There are 11 (36%) students who experience “Anxious” level, 18 (60%) students are in “Mildly Anxious” level, and only 1 (3%) student have “Relaxed” level from 30 students. Many students experienced anxiety in storytelling and it affects them negatively.
3. From the results of the research, there are various factors that may contribute to their anxiety. There are at least five which are found in this study, they are lack of preparation, being laughed at by others, not confident, making mistake in pronunciation and grammar and speaking in front of the class.

B. Suggestions

Based on the result of this study, there are a number of suggestion can be made to reduce anxiety in English classroom.

1. For Teacher

- a. Depending on the causes these are provoked, there are many different ways to deal with inhibitions related to speaking in foreign language. The teacher should recognize that anxiety is one of the reasons of why students having difficulties in teaching and learning process especially when they learn foreign language in speaking activity.
- b. The teacher could build a friendly situation in a class and create a relax situation to the students to make a good interaction among all of member of the class. Motivation from the teacher also needed to make students more active and bravely and also confident to learn the material.
- c. The teacher should be aware of students anxiety. This study indicated that teachers' awareness of students' anxiety is insufficient. Therefore, it is necessary to raise teachers' awareness since anxiety is an important factor which affects students' speaking. Good acknowledgement of the existence of students' anxiety in speaking English will absolutely influence the teacher in treating the students properly.

2. For Student

- a. The students are expected not to feel anxious when speaking English in the class. Students should prepare before doing the presentation or

speaking performance. They must pay attention about anxiety when speaking English. In teaching learning process, when the teacher give themes spontaneously about the material.

- b. The students should try to study hard and make a good idea about the themes that would be learn. So, it can make the students more active and would be easy to speak in front of class because they had more idea to speak. They also must be confident and no need to fear of making mistakes when speak English. To reduce the anxiety the students should learn more and use some strategies to reduce their anxiety in speaking performance.
- c. They need to get involved to reduce anxiety in classroom. Students should respect each other in order to create a friendly environment. They should help a lower level students when have a difficulty instead of ridiculed them. This would make them feel comfortable with each other. In addition, anxious students should realize that mistakes are a natural part of language learning. Therefore, it should not discourage them in speaking English.

3. For next researcher

- a. The researcher admits that there are so many limitations in conducting research. The researcher realizes that this paper is far from perfect. The researcher hopes that the next researchers can prepare everything as good

as possible in conducting the research and can do the follow up of this research.

- b. The next researcher should observe carefully to result an exact observation. In addition, the researcher needs to approach the students to know the specific phenomenon of the problems that was caused speaking anxiety of the students. It is also suggested for the researcher to do the study by using other kinds of research method to obtain accurate result. For instance, the research which is related with the anxiety can be done by using quantitative research.