

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

The conclusion of this research deals with the answers of the research questions based on the result of chapter IV. The researcher found that the second semester students of UIN Sultan Maulana Hasanuddun Banten were still felt anxious during participating listening lesson or listening test. The result of open-ended questionnaire and personal interview on second semester students of UIN SMH Banten lead to the conclusion that:

1. From eight respondents that taken by the researcher, only one respondent that did not experience listening anxiety during participating listening lesson, but he did experience listening anxiety during participating listening test. From the open-ended questionnaire that given to the respondents, the researcher found their sources of listening anxiety, there are some factors that make them felt anxious. The anxiety that they felt are not only come from themselves, but also from the lecture, speaker, tape recorder, and the environment of the class. Because of the anxiety, the students felt nervous, dizzy, confused, afraid, and frustration during participating listening activities.
2. After investigating students' sources of anxiety in listening activities, the researcher investigates their solution to reduce their anxiety using personal interview. The solutions they gave, not only can be done by themselves, such as take a deep breath before starting listening activities, do more preparation before class or test and listen spoken English more often outside of class. But also they need a help from the lecture, in order to reduce their anxiety during participating listening activities.

B. Suggestion

The following suggestions hopefully will be useful, especially for the lectures who teach listening lesson and for the students who felt anxiety during participating listening activities. In reference to the conclusions above, the researcher gives some suggestions.

1. The lectures should make a good environment in the class during teaching listening lesson and during holding listening test, in order to make the students relax during participating on it, such as using humor or gaming to make not tense environment, a good relationship or communication between lectures and students also could make the students more comfortable during participating listening activities. A good teaching strategy also needed to make them unconfused and they would enjoy in participating listening class. Then, the students could understand the material that given by the lectures.
2. The students should apply their own solutions to reduce their anxiety, and they have to tell the lectures if they feel anxious because of something, and let the lecture know the solution to reduce their anxiety. Then, the lecture can help them in reducing their anxiety.