

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

This study analyzes how the five phases of grief—denial, anger, bargaining, depression, and acceptance—relate to the figurative language of Olivia Rodrigo's *SOUR* album. The study shows how Rodrigo's use of metaphor, irony, hyperbole, imagery, simile, and metonymy improves emotional expression and makes grief more concrete and relatable by examining her lyrics using semantic and discourse analysis.

The listener's emotional journey is shaped by the various figures of speech that reflect each stage of grief:

- Irony and metaphor are used to illustrate self-deception and nostalgia in denial.
- Exaggeration and sarcasm, which convey annoyance and bitterness, intensify anger.
- The use of metaphor and imagery to depict emotional weariness and sorrow deepens depression.
- Metonymy and exaggeration are used to symbolize bargaining, emphasizing efforts to justify loss.
- Metaphor and simile are used to convey acceptance, which denotes emotional closure and resolution.

According to the findings, Rodrigo's music is a potent instrument for emotional reflection and connection, especially for adult learners confronting sorrow, because her lyrics reflect real-life emotional processing. Through the integration of psychological theory and linguistic analysis, this study highlights the multidisciplinary importance of music in comprehending human emotions.

The idea that music can be a therapeutic and analytical tool for emotional literacy is ultimately reinforced by SOUR, a cultural artifact that expresses and affirms sadness. This study paves the way for more research on the use of music as a tool for psychological investigation, literary appreciation, and emotional awareness.

B. Suggestion

After concluding this study, the researcher made a genuine attempt to offer some suggestions that could be helpful for students, teachers and other researchers in the future. These are suggestions:

1. Expand the theoretical framework

To further explore metaphorical language, think about adding other linguistic theories, such as discourse analysis frameworks developed by academics like Fairclough or Gee. Incorporate psychological viewpoints on mourning, such as emotional intelligence or attachment theory, to offer a more comprehensive understanding of how music facilitates emotional processing.

2. Address Cultural and Educational Implications

Examine the ways in which music can be utilized as a teaching tool to improve emotional literacy in adult learning settings. Analyze SOUR's cultural relevance.

How does Rodrigo's music represent young adults' current emotional struggles?

2. Strengthen Methodological Rigor

To emphasize the distinctive features of Rodrigo's approach, compare it to other musicians who deal with grief in their songs (such as Taylor Swift, Adele, or Billie Eilish). Examine audience reception studies to see

how adult learners and younger listeners understand Rodrigo's lyrics. Surveys and interviews could provide further empirical detail.