

## CHAPTER V

### CONCLUSION AND SUGESSTION

#### A. Conclusion

Based on the discussion in the previous chapter, the following conclusions can be drawn:

The description of self-esteem variable data is as follows: students belonging to the high self-esteem category as many as 18 students (60%) and with the low self-esteem category as many as 12 students (40%) from a total of 30 respondents with an average score of 15.77.

The description of speech anxiety variable data is as follows: students who belong to the very relaxed category as many as 2 students (7%), who include relaxed as many as 9 students (30%), who include mildly anxious as many as 17 students (57%), who include anxious as many as 2 students (7%), who include very anxious as many as 0 students (0%) and a total of 30 respondents with an average score of 88.97.

There is an influence between self-esteem variables and speech anxiety variables in grade 10 students of SMK Perintis 1 Sepatan in the 2023 school year which is shown by a significance value of 0.028. The influence of variable X and variable Y can be

seen in the Pearson correlation coefficient of 0.401.

## **B. Suggestion**

Based on the results of research that has been explained in the discussion, in this section the advice that can be given by the author to readers and subsequent researchers is:

### 1. For Teacher

Teachers should be more concerned about students' self-esteem during language class. To improve students' language skills, please note that increasing students' self-esteem requires recognition and praise for what students have tried to do, so that students feel that the hard work / effort they have done is rewarded and that is something good development. So that students will feel to continue to develop these abilities.

### 2. For Students

Students must have high optimism and enthusiasm in attending Language classes and learning Languages. So that students dare to practice and improve their material abilities, and realize that by daring to try new things, the value of students' self-esteem increases.

### 3. For the Future Researcher

Researchers hope that this study can be used as a reference for future research and provide important information about the relationship between self-esteem levels and students' speech anxiety. To obtain better results To find out the relationship between self-esteem variables and speech anxiety, it is recommended to take a larger number of samples and add the number of supporting hypotheses.